

Student Services Newsletter

JANUARY 2023

WELCOME TO SPRING 2023

Happy New Year, and welcome to Spring 2023! I hope you had a wonderful, restful Winter Break with friends and family and are excited to start the new semester. For some of you, this may be your first semester of college; for others, this may be your final semester for your degree; still others may be in the midst of their educational journey. Regardless of where you are in the pursuit of your goals, I hope you feel the sense of promise and possibility that every new semester offers. Take this time to learn about the opportunities available to you at UNM–LA, whether that means joining a student group, participating in Student Government, connecting with your advisor, working with an Academic Coach in the ASC, or learning about career services and internship opportunities. Student Services is here to support you and help you have the best semester yet! Best wishes for success this spring.

-Coco Rae, Student Success Manager

CIC GRADUATION & NEW OPPORTUNITIES FOR SPRING

A huge congratulations to all of our Fall 2022 Community Internship Collaboration (CIC) graduates! Business mentors, family, and friends all gathered to celebrate their accomplishments on Dec. 8 at the new SALA Event Center. In the photo below, CIC intern Sayra Villalobos Salais poses with her mentor, Allen Saenz, owner of SALA.

New internship opportunities are pouring in for the Spring semester. From historic document preservation and social media consultants to conservation programming and program development, we have a wide variety of opportunities to fit your interests. Students also earn one credit in a professional development class and a \$900 stipend as interns in the Spring 2023 CIC cohort. Come speak with potential business mentors at the CIC Meet & Greet in Building 2 on

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January 25 from 11:30 am–12:30 pm. Enjoy free lunch and learn more about each project.

CIC Information Sessions will be held Jan. 19 at 11:30 am or Jan. 23 at 3:00 pm, both in room 230 of the Student Center. Can't attend? Stop by Student Services and speak with Internship Coordinator Brittany Carpenter, or email her at brcarpenter@unm.edu.



IMPORTANT DATES FOR SPRING

Be sure to note these important dates below. Contact an advisor if you need assistance.

January 17: First day of Spring semester classes. **January 27:** Late registration ends.

February 3: Last day to drop and receive 100% refund; last day to drop without a grade or W.

March 12-19: Spring Break; campus open.

April 14: Last day to drop via LoboWeb.

Mid-April: Registration for Summer and Fall semesters opens.

May 5: Last day to drop a course with permission (contact an advisor).

May 8-13: Final exams.

June 5: Summer semester begins.



STUDENT SPOTLIGHT

Name: Audrey Wild Hometown & High School: Los Alamos Major: Liberal Arts

(Education)
Favorite Class:

Ceramics—so much fun! **Dream Job**: Maybe an elementary school

teacher

Plans for After

Graduation: Hoping to move out of state and get a teaching job! I'll have to see what the future holds Hobbies: Photography, painting, and baking Favorite Team: I don't actually have one but my family loves the Utah Utes! Top of My Playlist: Elvis

Presley

Red or Green: Neither

actually!







HEALTH
PROFESSIONS
SYMPOSIUM

Visit: hps.unm.edu











WHAT IS HPS?

HPS is an event designed to provide any student who is interested in the health professions an opportunity to explore their passions, and to discover various pathways into the field of their choice.

WHAT CAN I EXPECT?

A day of workshops and information sessions covering the spectrum of careers in healthcare and how to attain them. Sessions addressing a variety of issues related to healthcare will also be presented.

WHEN IS HPS 2023?

April 15, 2023.

Register **NOW** at hps.unm.edu and plan to attend!



CAREER SERVICES: REFLECTION

The start of a new year is often a time for reflection. How can you use this reflection to help look forward to your future career?

- 1) Review your calendar, class assignments, and personal records. Write down your projects and accomplishments from the last year. Use these to update your resume. Add quantifying details (how many, how much, etc.) and concrete results before they fade from memory.
- 2) Consider some of your long-term goals. How do they align with your personal growth and new experiences?
- 3) Look up ways to find some opportunities to gain experience in the field this year (job shadow, volunteer, work an internship, etc.).
- 4) What goals might mean more to you now, which you hadn't considered in the past? Try a class or ask someone in a related career field if you can shadow them.

However you choose to start this new year, make sure to do it intentionally. Set some goals for your career development alongside your academics. Put a note or due date on your calendar in a few months to remind yourself. Come talk to Student Services for connections, resources, and support. This year will fly by, too. Let's make the most of it!

The University of New Mexico-Los Alamos is committed to the recognition and the proactive pursuit of compliance with the Americans with Disabilities Act of 1990 (ADA). The University makes reasonable accommodation for religious observances, national origin practices of a student and to the known physical or mental limitations of a qualified student, unless such accommodations have the end result of fundamentally altering a program or service or placing an undue hardship on the operation of the University. Qualified students with disabilities should contact Student Services for information regarding accommodations in the academic and/or employment setting. If you have a special need and require an auxiliary aide and/or service, please contact Student Services at (505) 662-5919.

LEARN FINANCIAL LITERACY & MORE

The Center for Financial Capability (CFC), offered through UNM-ABQ, provides a wide range of financial literacy services to all UNM students at no cost. Their goal is to help alleviate financial stress by helping students overcome financial barriers. You can participate in financial workshops, learn various topics (including investing and budgeting) through online modules, benefit from one-on-one consultations, and even get help with your taxes. They can also help you apply for an emergency, short-term loan (certain eligibility terms apply). Visit cfc.unm.edu to learn more and access all of their incredible resources, or follow them **@unmcfc**. The Center for Financial Capability is made possible by a generous grant from Nusenda Credit Union.

BOOK ORDERING PROCEDURE

UNMLA's Bookstore Opens December 5, 2022

Welcome to your official online bookstore

Your bookstore is built around a course-driven system that ensures you order and receive the right book, right on time. Your textbooks and course materials are shipped from a state-of-theart warehouse that is fully operational 24 hours a

As you purchase your course materials, keep your eyes open for Guaranteed Buyback titles. When you select these in-demand items, you will see the minimum amount you can expect when you sell your books back.* This lets you take into account the actual cost of ownership for each GBB title.

Our books are covered by a flexible and concise return policy that makes sense.

To order:

- · Visit your school's Online Bookstore https://bncvirtual.com/unm
- · Select your courses from your schedule
- · View your course materials and select your
- Check out
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Our customer contact center is open 24/7, ready to take your order or answer your questions. Call them at 1-800-325-3252 or email them at customerservice@bncservices.com

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1/4/23 - 1/6/23 1/9/23 - 1/10/23

https://bncvirtual.com/unm

*Bet FREE SHIPPING on purchases made through MBS

JOIN US FOR SPRING WELCOME BACK DAY

Stop by the Student Center on January 25 from 10 am-2 pm for Welcome Back Day! Chat with faculty and Student Services staff, enjoy some hot chocolate and snacks, pick up cool UNM-LA swag, and learn about internship opportunities for spring! Hope to see you there!





https://engineering.unm.edu/students/scholarships

COVID-19 INFO & VACCINE APPOINTMENTS

Get the COVID-19 vaccine: Everyone 6 months of age and older is now eligible to get a COVID-19 vaccine. Visit: cwaccine.nmhealth.org.

For current health guidelines, be sure to follow advice from trusted, accurate sources.

CDC: www.cdc.gov/coronavirus/2019-nCoV.

NM Department of Health: cv.nmhealth.org.

If you think you are sick Contact your doctor for medical advice. Do not go to a medical clinic until you are instructed to do so, to avoid potentially infecting others. Additionally, please contact Kathryn Vigil, kaquilar@unm.edu.

For testing: Free testing is available at home and around the state. Visit: cvprovider.nmhealth.org/directory.html.

If you are not sick: Practice social distancing, wash your hands, cover coughs and sneezes, and disinfect frequently touched surfaces daily. Most importantly, please wear a mask. Even asymptomatic or pre-symptomatic people can still spread COVID-19. People who are at higher risk are depending on all of us to help reduce transmission—and save their lives.

REGISTER NOW FOR SPRING CLASSES

Spring semester classes begin January 17! Classes are filling up, but there is still time to register. Book an appointment with your advisor via LoboAchieve, or call Student Services: 505-662-5919. Discuss your degree requirements and progress, pick your classes, and get your holds lifted. Get access to support resources, learn about career pathways, and connect with financial aid as well. Don't wait to get ready for spring!

FOLLOW US ON SOCIAL MEDIA

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STUDENT SERVICES

Student Services is a central hub of information for prospective, current, and former students to find assistance and answers to questions about admissions, financial aid, registration, academic advising, career services, and other resources on campus.



Kathryn Vigil Director, Student Affairs 505-661-4688 kaguilar@unm.edu



Coco Rae Student Success Manager 505-661-4692 cocorae@unm.edu



Jenny Duran Financial Aid Advisor 505-662-0341 jenduran@unm.edu



Melissa Torres Academic Advisor & Recruitment Specialist 505-661-4690 torres23@unm.edu



Grace Willerton Student Success Specialist 505-663-3402 gwillert@unm.edu



Lori Tepley Branch Registrar 505-662-0332 Itepley@unm.edu



Brittany Carpenter Community Internship Collaboration (CIC) Director 505-661-4682 brcarpenter@unm.edu

Admissions

The Office of Admissions can help if you have questions or are ready to apply to UNM-Los Alamos. The Office of Admissions can provide application instructions for degree-seeking, non-degree, dual credit/concurrent, international, senior, or transfer students. Complete details can be found on the Admissions page: losalamos.unm.edu/admissions.

Financial Aid

The Office of Financial Aid provides information on financial resources available to degree-seeking students. These resources may include scholarships, grants, and loans from the federal or state government, independent organizations, and/or UNM-LA itself. UNM-LA determines financial aid eligibility from the FAFSA, so please take time to file this document on line every year. Don't assume you are ineligible—there are many opportunities to pursue.

Enrollment Services

The Office of Enrollment Services at UNM-LA processes high school and other college transcripts for admissions and maintains transcripts of current and former students. The registrar can also answer questions about dual credit and concurrent enrollment, VA benefits, and graduation requirements.

Academic Advising & Student Success

Academic advisors can provide guidance through the admission process, degree and course selection, and registration. Advisors also assist with changing a major, following up instructors' early alerts, filing graduation petitions, and planning for baccalaureate work. Advisors can also help resolve registration errors. Degree-seeking students must meet with an advisor before registering for each semester to check that their chosen classes will continue to make progress toward their degrees and to have their advising hold lifted. The Academic Student Success Manager coordinates ADA accommodation services for students, and oversees academic advisement, student retention, and success initiatives.

Career Services

Student Services offers career services to assist students with self-exploration, selecting a major, and opportunities for gaining experience in their chosen fields. Career services also include resume reviews, internship connections, job fairs, quantifying or translating skills, sharing job postings, and building connections between employers and our students.

