

# Student Services Newsletter

# OCTOBER 2022

#### TRANSFER DAY: LOOKING AHEAD TO YOUR FUTURE

October 17–21 is National Transfer Student Week! Your transfer student experience starts the moment you consider a transfer as part of your pathway and lasts all the way through completion of your degree. Your job is to find your support systems, do some research, and ask questions. Our job is to build awareness about the process and create opportunities that connect you with resources to prepare you for the journey. Speaking of opportunities, on October 18, advisors from UNM Admissions, College of Arts & Sciences, Anderson School of Management, and College of Engineering will be available specifically to meet with you. If your transfer path includes any of these departments, schedule your appointment now by calling 505-662-5919. It's never to early to start making connections. We will be sharing information and opportunities about various events happening throughout the week as well. Stay tuned!

—Kathryn Vigil, Director of Student Services

#### BE THE FACE OF UNM-LA

The UNM-Los Alamos marketing team is excited to be launching a new spotlight series starring YOU! We want to tell the stories of the unique individuals who make up UNM-LA. If you're interested in participating in a spotlight feature, please contact Sarah Jimenez, sarahjimenez@unm.edu, or stop by office 311 when you're on campus. Each of you make UNM-LA great, and we want to share the greatness! We can't wait to meet you!







#### **IMPORTANT DATES FOR FALL**

Be sure to note these important dates below. Contact an advisor if you need assistance.

October 13–14: Fall Break, no classes, campus open.

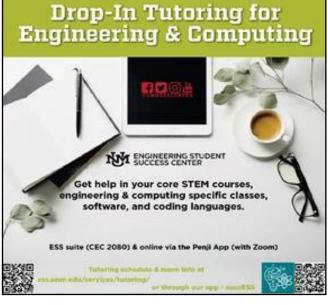
November 11: Last day to drop classes on LoboWeb.

**December 9:** Last day to drop with permission (contact an advisor).

December 12–17: Final exams.

**December 23–January 2:** Winter Break, campus closed.

January 17: Spring semester begins.



# STUDENT SPOTLIGHT

Name:
Christina Valdez
Hometown:
Nambé, NM
High School:
Pojoaque Valley
High School
Major: PreBusiness
Administration
Favorite Class:



Art History

**Dream Job:** Own my own business (hopefully a bakery) **Plans for After Graduation:** Continue working at LANL as an administrator for the Bioscience division in the Associate Laboratory Directive of Chemistry, Earth, and Life Sciences

**Hobbies:** Drawing, playing the piano, traveling, photography, and spending time with my family

Favorite Team: UNM Lobos!

Top of My Playlist: "God So Loved," by Hillsong

Red or Green: Green



#### **CELEBRATE HISPANIC HERITAGE MONTH**

Hispanic Heritage Month is celebrated annually from September 15 to October 15, and this year's theme is "Unidos: Inclusivity for a Stronger Nation." The heritage month recognizes the achievements and contributions of Hispanic Americans from many different cultures and backgrounds who have contributed to American society. This year's theme recognizes the greatness that can be achieved through diversity. First celebrated in 1968 as

Hispanic Heritage Week, it | expanded President Reagan in 1988 to cover a 30-day period. As President Biden noted in 2021, "National Hispanic Heritage Month important reminder of how much strength we draw as a Nation from our immigrant roots and our values as a Nation of immigrants." То learn more and explore, visit: www.archives.gov/news/

topics/hispanic-heritage-

month.



#### JOIN HANDSHAKE FOR CAREER OPPORTUNITIES

Students! Employers are looking for you, and a great way to connect with them is through UNM's career platform Handshake. Handshake is full of opportunities from employers looking specifically for UNM students, and it's the number one way college students get hired. It's easy to join! Simply sign up here: <u>unm.joinhandshake.com/login</u>. Then, fill out your profile as fully as possible, to increase your personalized job recommendations. For help with career exploration, resume writing, interview skills, and more, visit: losalamos.unm.edu/students/careerservices/index.html#AboutCS or make appointment with Student Services career advisors by calling 505-662-5919.

# hi Handshake

## **WELCOME BACK DAY**

On September 1, UNM-LA faculty and staff enjoyed chatting with students who stopped by our tent for Welcome Back Day. In case you missed it, come by Student Services in Building 1 to give us your feedback in a survey and pick up a cool UNM-LA T-shirt. We're always happy to see you!



The University of New Mexico-Los Alamos is committed to the recognition and the proactive pursuit of compliance with the Americans with Disabilities Act of 1990 (ADA). The University makes reasonable accommodation for religious observances, national origin practices of a student and to the known physical or mental limitations of a qualified student, unless such accommodations have the end result of fundamentally altering a program or service or placing an undue hardship on the operation of the University. Qualified students with disabilities should contact Student Services for information regarding accommodations in the academic and/or employment setting. If you have a special need and require an auxiliary aide and/or service, please contact Student Services at (505) 662-5919.

#### **NEWLY RENOVATED LIBRARY IS NOW OPEN**

The Library is open! We're still working on the finishing touches but library operations have been moved to the newly renovated space. Long-time Library director Dennis retired over the summer but Joe and Alyssa are here to provide all library services including physical resources, interlibrary loans, information literacy

instruction, and course reserves. electronic As alwavs our resources are available for students, faculty, and staff to campus access on remotely. The Library also has lots of options for individual students and study groups looking for a place to get some work done or just hand out. We hope you'll stop by to check us out and keep an eye out for our grand reopening in October. The Library is open Monday-Thursday 8 am-5 pm, and Friday 8 am-1 pm.



# **CIC STUDENTS BEGIN THEIR INTERNSHIPS**

The Fall 2022 cohort of the Community Internship Collaboration (CIC) gathered for their first day of class as the launching pad for their Fall semester internships with local businesses. Brittany Carpenter, UNM-LA Internships Coordinator, led the orientation session and introduced the students to their instructor, Lee Libby. Nearly 30 internships were offered this fall, and a dozen students successfully interviewed for these exciting positions. In addition to learning professional skills in their class, students will be working alongside their mentors, engaging in projects as varied as drone piloting, cyber security, and many others!

Stay tuned for updates on their projects, and consider applying for a paid internship in Spring semester. For more information, contact Brittany Carpenter: <a href="mailto:brcarpenter@unm.edu.">brcarpenter@unm.edu</a>.



## **MENTAL HEALTH HOTLINE: DIAL 988**

988 is a new, free, and easy to remember nationwide helpline for emotional, mental, or substance use crisis. It's part of a larger initiative to build out a behavioral health infrastructure for people in distress to have "someone to call, someone to come, and somewhere to go." 988 calls, texts, and chats are answered by trained, compassionate behavioral health professionals who know community mental health and substance use resources. They will listen, offer support, and work together with the caller to develop a plan for safety and

recovery. 988 can open the door for all New Mexicans to seek mental well-being or substance use help, while sending the message that healing, hope, and help are happening every day. Services are available in English and Spanish.



#### COVID-19 INFO & VACCINE APPOINTMENTS

Get the COVID-19 vaccine: Everyone 6 months of age and older is now eligible to get a COVID-19 vaccine. Visit: cwaccine.nmhealth.org.

For current health guidelines, be sure to follow advice from trusted, accurate sources.

CDC: <a href="https://www.cdc.gov/coronavirus/2019-nCoV">www.cdc.gov/coronavirus/2019-nCoV</a>.

NM Department of Health: <a href="https://cv.nmhealth.org">cv.nmhealth.org</a>.

If you think you are sick Contact your doctor for medical advice. Do not go to a medical clinic until you are instructed to do so, to avoid potentially infecting others. Additionally, please contact Kathryn Vigil, <a href="mailto:kaguilar@unm.edu">kaguilar@unm.edu</a>.

For testing: Free testing is available at home and around the state. Visit: <a href="mailto:cvprovider.nmhealth.org/directory.html">cvprovider.nmhealth.org/directory.html</a>.

If you are not sick: Practice social distancing, wash your hands, cover coughs and sneezes, and disinfect frequently touched surfaces daily. Most importantly, please wear a mask. Even asymptomatic or pre-symptomatic people can still spread COVID-19. People who are at higher risk are depending on all of us to help reduce transmission—and save their lives.

#### **NEED A LAPTOP?**

Students! Laptops are available for check out for free from the library. If you need a laptop for school, you can borrow one for the entire semester simply by requesting one at the circulation desk in the Library Resource Center. All laptops have the latest software you need to be successful in your classes, are supported by our IT department, and they are available at no cost to you. Get yours today and increase your academic success!

#### **FOLLOW US ON SOCIAL MEDIA**

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lobo-la

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# STUDENT SERVICES

Student Services is a central hub of information for prospective, current, and former students to find assistance and answers to questions about admissions, financial aid, registration, academic advising, career services, and other resources on campus.



Kathryn Vigil Director, Student Affairs 505-661-4688 kaguilar@unm.edu



Jenny Duran Financial Aid Advisor 505-662-0341 jenduran@unm.edu



Melissa Torres Academic Advisor & Recruitment Specialist 505-661-4690 torres23@unm.edu



Grace Willerton Student Success Specialist 505-663-3402 gwillert@unm.edu



Coco Rae Student Success Specialist 505-661-4692 cocorae@unm.edu



Lori Tepley Sr. Student Enrollment Associate 505-662-0332 Itepley@unm.edu



Brittany Carpenter Community Internship Collaboration (CIC) Director 505-661-4682 brcarpenter@unm.edu

#### **Admissions**

The Office of Admissions can help if you have questions or are ready to apply to UNM-Los Alamos. The Office of Admissions can provide application instructions for degree-seeking, non-degree, dual credit/concurrent, international, senior, or transfer students. Complete details can be found on the Admissions page: losalamos.unm.edu/admissions.

#### **Financial Aid**

The Office of Financial Aid provides information on financial resources available to degree-seeking students. These resources may include scholarships, grants, and loans from the federal or state government, independent organizations, and/or UNM-LA itself. UNM-LA determines financial aid eligibility from the FAFSA, so please take time to file this document on line every year. Don't assume you are ineligible—there are many opportunities to pursue.

#### **Enrollment Services**

The Office of Enrollment Services at UNM-LA processes high school and other college transcripts for admissions and maintains transcripts of current and former students. The registrar can also answer questions about dual credit and concurrent enrollment, VA benefits, and graduation requirements.

#### **Academic Advising & Student Success**

Academic advisors can provide guidance through the admission process, degree and course selection, and registration. Advisors also assist with changing a major, following up instructors' early alerts, filing graduation petitions, and planning for baccalaureate work. Advisors can also help resolve registration errors. Degree-seeking students must meet with an advisor before registering for each semester to check that their chosen classes will continue to make progress toward their degrees and to have their advising hold lifted. The Academic Student Success Manager coordinates ADA accommodation services for students, and oversees academic advisement, student retention, and success initiatives.

#### **Career Services**

Student Services offers career services to assist students with self-exploration, selecting a major, and opportunities for gaining experience in their chosen fields. Career services also include resume reviews, internship connections, job fairs, quantifying or translating skills, sharing job postings, and building connections between employers and our students.

